

# Integral Mental Education:

- “Her **mind**, a sea of white sincerity.”  
Savitri-15
- “The bounded mind became a boundless light,”  
Savitri-25
- “A fearless will for knowledge dared to erase  
The lines of safety Reason draws that bar  
Mind’s soar, soul’s dive into the Infinite.”  
Savitri-26
- “His **boundless thought** was neighbour to cosmic sight.”  
Savitri-79
- “His **wakened mind** became an empty slate  
On which the Universal and the Sole could write.”  
Savitri-81
- “**Mind** can suspend or change earth’s concrete law.”  
Savitri-84
- “The **mind learns** and knows not, turning its back to truth;  
It studies surface laws by surface thought,”  
Savitri-160
- “Our **reason** cannot sound life’s mighty sea  
And only counts its waves and scans its foam;...  
Our **mind lives** far off from the authentic Light  
Catching at little fragments of the Truth”  
Savitri-161
- “Annulled were the transient values of the mind,  
The body’s sense renounced its earthly look;  
Savitri-373
- “Her **mind** now seemed like a vast empty room  
Or like a peaceful landscape without sound.”  
Savitri-543
- “On summit Mind are radiant altitudes  
Exposed to the lustre of Infinity,  
Outskirts and dependencies of the house of Truth,  
Upraised estates of Mind and measureless.”  
Savitri-659
- “Pursued by me (Divine) through my **mind’s wall-less vast**,”  
Savitri-700
- “For knowledge shall pour down in radiant streams  
And even **darkened mind** quiver with new life  
And kindle and burn with the Ideal’s fire  
And turn to escape from mortal ignorance.”  
Savitri-710
- “Often a lustrous inner dawn shall come  
Lighting the chambers of the **slumbering mind**;

A sudden bliss shall run through every limb  
And Nature with a mightier Presence fill.”

Savitri-710

The Integral Mental Education is defined as energising of conscious mental being that liberates the power of concentration, development of capacities, organisation of ideas, control of thought and development of mental silence. It attains self-fulfilment when mind becomes a pure mirror of Truth of Being. Mind is a derivative of Overmind which is again a derivative of Supermind. So the mind can arrive at its own transformation and perfection by admitting the light of higher knowledge; it must overcome the opposition and revolt of the dwarf physical mind and cold pragmatic vital mind against the admit of celestial Light of higher planes and change its own ignorant, imperfect and conflicting elements into the divinely effective potencies and harmonious values of Supramental truth-consciousness. The evolution of mind to its greatest possible range, height and subtlety must be the Nature’s major preoccupation; for so only can Nature unveil entirely the intuitive intelligence and the difficult passage to a higher instrumentation of the Spirit.



“A **casual** passing phrase can change our life.”

Savitri-373,

“Even in his **casual** steps they (higher beings) intervene.”

Savitri-378,

“A **casual** act determines the world’s fate.”

Savitri-429

“A Nature lifted by a larger breath,  
Plastic and passive to the all-shaping Fire,  
Answers the flaming Godhead’s **casual** touch:”

Savitri-112

“In the **casual** error of the world’s ignorance  
A plan, a hidden Intelligence is glimpsed.  
There is a purpose in each stumble and fall;”

Savitri-658



“Heaven’s light visits sometimes the mind of earth;  
Its thoughts burn in her sky like lonely stars;  
In her heart there move celestial seekings soft  
And beautiful like fluttering wings of birds,  
Visions of joy that she can never win  
Traverse the fading mirror of her dreams.  
Faint seeds of light and bliss bear sorrowful flowers,  
Faint harmonies caught from a half-heard song  
Fall swooning mid the wandering voices’ jar,  
Foam from the tossing luminous seas where dwells  
The beautiful and far delight of gods,  
Raptures unknown, a miracled happiness  
Thrill her and pass half-shaped to mind and sense.”

Savitri-688



Integral Mental Education ascends through four stages of perfection and its highest *siddhi* is identified as possession of Cosmic Mind or Overmind where all mental contraries and differences find their complementary reconciliation and coexistent correlation.

The first perfection of Integral mental Education is identified as possession of Higher Mind where one will be aware of sea like downpour of masses of spontaneous Truth Thought and Ideas that people eternity. This is an automatic and spontaneous descent of knowledge and ordered thought from a higher plane and is different from the ordinary thought process which is a type of individual seeking, a mental construction, uncertain thought, a labour of speculation and a difficult discovery. This Truth Thought is of cosmic character, a steady sun-shine, a little ray of the Vedic image of Sun of Truth and a Light that falls on our vexed unsatisfied lives.



“I witnessed the **virgin** **bridals** of the dawn”

Savitri-401

“The **virgin** **forms** through which the **Formless** shines,”

Savitri-327

“**Virgin** who comest perfected by joy”

Savitri-424

Greek Philosophers and the contemporary Philosophers are capable of linking mind with higher Mind and are satisfied with that. They can create link between themselves and the existing world. Most of the Spiritual seekers are satisfied in this domain and do not agree to go beyond and enjoy the world from the splendour and knowledge of that world. Thus from this higher Mind, popular religions are born which is able to resolve the immediate problem of the man and wonder beyond the knowledge of mortal hope. If they would go to some planes beyond higher Mind then it would create a gulf between themselves and the world and they would not want to lose themselves in the

Infinite and Unknowable. The root problem of existence can be resolved only by ascending into highest planes of consciousness and by the descent of that consciousness into the most nether domains of the Inconscient. This exercise of transforming the lowest dark part of Nature will deprive one from arriving at popularity and deprive one from becoming great, luminous and strong which is the innate Nature and manifestation of Higher Mind and it does not bother to search hidden and withheld realities.

The second perfection of Integral Mental Education is identified as possession of Illumined Mind which does not work by thought but by vision and thought is utilized here as a subordinate movement to express sight. It is a massive outpouring of lightnings of flaming sun-stuff and here thought goes beyond to lean on vision and shapes a world from the Unthinkable. This is an increased power, intensity, luminosity and driving force which is identified as Truth Sight and Truth Vision.



“And *Savitri* mingling in that **glorious crowd**,  
Yearning to the spiritual light they bore,”

Savitri-501

Illumined Mind is no longer a higher thought but a spiritual light, a clarity of spiritual intelligence and acts in a condition of an intense lustre, a splendour and illumination of the spirit, a descent of spiritual truth, power, peace and calmness from above, a fiery ardour of realization and a rapturous ecstasy of knowledge. A downpour of inwardly visible Light which is primarily a spiritual manifestation of the Divine Reality, Illuminative and Creative. Here the slow deliberate process of higher Mind is replaced by a swift, sometimes a vehement and almost violent impetus of rapid transformation.





“A treasure thus unique loaned by the gods,”

Savitri-431

The Third perfection of Integral Mental Education is identified as Intuitive Mind with greater power of Truth Force, a more exact and more intimate realisation of Truth Vision, Truth-Thought, Truth-Discernment, Truth-Word, Truth-Sound, Truth-Hearing, Truth-Touch and Truth-Action. Intuition is defined as one special movement of self-existent knowledge. It is opened towards greater Truth-Light to which our mind cannot directly communicate.



“I am the Madran, I am Savitri.  
 All that I was before, I am to thee still,  
 Close **comrade** of thy thoughts and hopes and toils,  
 All happy contraries I would join for thee.  
 All sweet relations marry in our life;  
 I am thy kingdom even as thou art mine,  
 The sovereign and the **slave** of thy desire,  
 Thy prone possessor, **sister** of thy soul

And **mother** of thy wants; thou art my world,  
 The earth I need, the heaven my thoughts desire,  
 The world I inhabit and the god I adore.”

Savitri-719-20

The last perfection of Integral Mental Education is the Cosmic Mind, the Overmind, the source of Intuition and it is in direct contact with the Supramental Truth Consciousness. It is the highest capacity of Mind at once acting in Ignorance which links the Truth-Consciousness of higher hemisphere and veils the same Truth Consciousness through a brilliant Golden Lid; it at once connects and divides the supreme Knowledge and the cosmic Ignorance. It is also at once an obstacle and a passage in our seeking of spiritual law of existence and intervention of flood of infinite possibility. Overmind releases a million Godheads into action, each empowered to create its own world, each world capable of relation, communication and interplay with the others. In Overmind (1) **each god** is worshipped as if he by himself is that Existence, one who is all the other Gods together or contains them in his being; (2) and again each is a separate Deity acting sometimes in unison with companion deities, (3) sometimes separately, sometimes even in apparent opposition to other Godheads of same Existence.



“Her **word** that in the silence **speaks to our hearts**,  
 Her silence that transcends the **summit Word**,”

Savitri-64

“The **speech** that voices the ineffable,”

Savitri-327

“He **spoke** in sentences from the unseen Heights.  
 For the hidden prompters of our **speech** sometimes  
 Can use the formulas of a moment’s mood  
 To weigh unconscious lips with words from Fate:

Savitri-373

“Then, falling silent in himself to know



He meets the deeper listening of his soul:  
The Word repeats itself in rhythmic strains:”

Savitri-375

“Transmuted by the white spiritual ray  
He walks in naked heavens of joy and calm,  
Sees the God-face and hears transcendent **speech**:”

Savitri-375

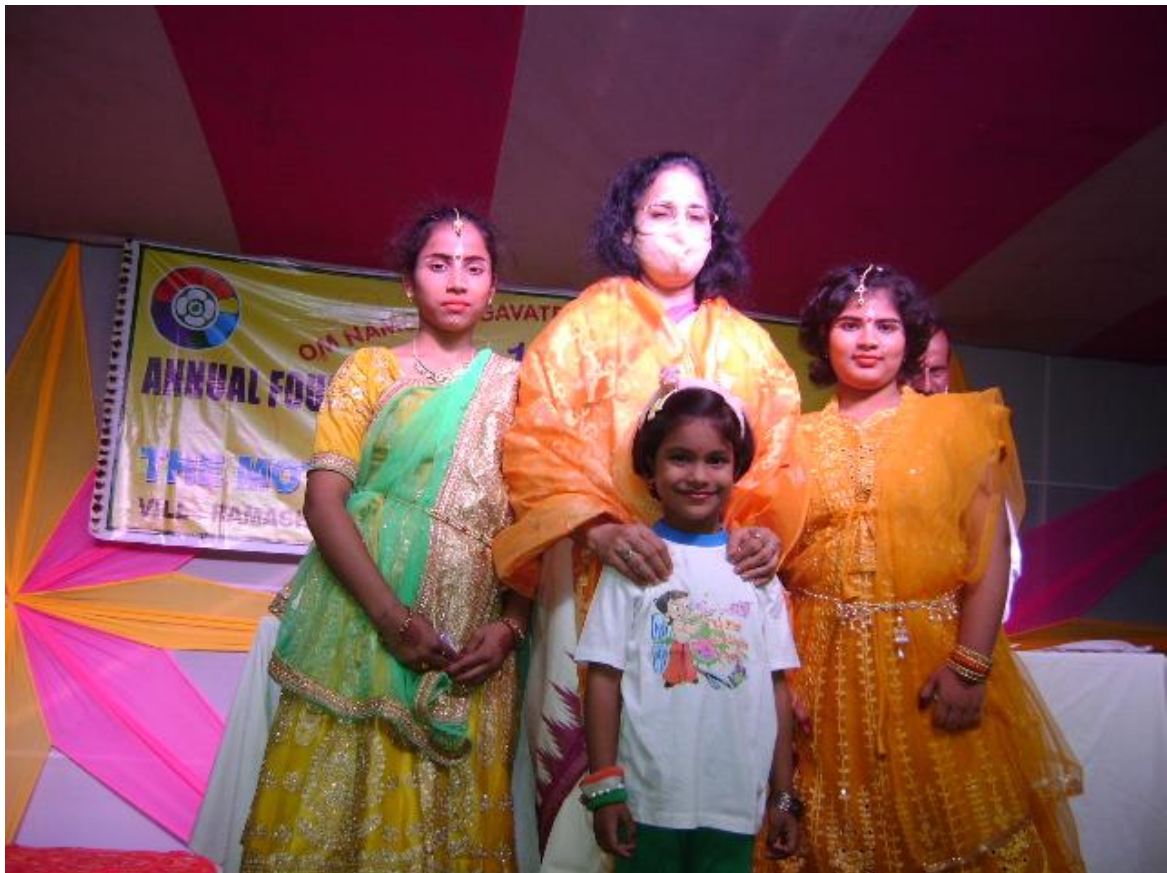
“His **speech** carries a light of inner truth,”

Savitri-430

“Her **words** failed lost in thought’s immensities  
Which seized them at the limits of their cry  
And hid their meaning in the distances  
That stir to more than ever **speech** has won  
From the Unthinkable, end of all our thought,  
And the Ineffable from whom all **words** come.”

Savitri-687-88

What to the mental reason are **irreconcilable differences and contraries** present themselves to the Overmind intelligence as **coexistent correlative and complementary**. Overmind energy proceeds by an illimitable capacity of **separation and combination** of the powers and aspects of the integral and indivisible all-comprehending Unity.



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